# Government of South Australia LogoSACE Board LogoResources – Health and Wellbeing

YouTube

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| An introduction to Health Promotion and the Ottawa Charter | <https://www.youtube.com/watch?v=G2quVLcJVBk&> |
| What is Public Health | <https://www.youtube.com/watch?v=t_eWESXTnic> |
| Social Determinants of Health – an introduction | <https://www.youtube.com/watch?v=8PH4JYfF4Ns&t> |
| Health promotion based on the five action areas of the Ottawa Charter | <https://www.youtube.com/watch?v=dnl-S_6mMHE&> |
| Understanding Health Promotion – A short Introduction | https://www.youtube.com/watch?v=y9THQTEqMaU |
| OECD: better Life Initiative: Measuring Wellbeing and Progress | <http://www.oecd.org/statistics/better-life-initiative.htm> |
| Ethics | <https://www.youtube.com/watch?v=4vWXpzlL7Mo> |
| Dr Brene Brown on empathy | <https://www.youtube.com/watch?v=1Evwgu369Jw> |
| The importance of empathy | <https://www.youtube.com/watch?v=UzPMMSKfKZQ> |
| Personal and Social Forces | https://www.youtube.com/watch?v=6GU1d\_bqP1Q |

Global Perspective

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| OECD: better Life Initiative: Measuring Wellbeing and Progress – released March 2020 | <http://www.oecd.org/statistics/better-life-initiative.htm> |
| OCED’s How’s life? reveals improvement in well-being but persistent inequalities | <https://www.oecd.org/statistics/how-s-life-23089679.htm> |
| United Nations Sustainable Developmental Goal | <https://sdgs.un.org/goals>  e.g. Goal3: Ensure health lives and promote well-being for all at all ages |
| OCED- 2030 – Attitudes and Values | <http://www.oecd.org/education/2030-project/teaching-and-learning/learning/attitudes-and-values/Attitudes_and_Values_for_2030_concept_>  This is a teacher reference paper. |
| UN Sustainable Development Solutions Network: World Happiness Report 2020 | <https://worldhappiness.report/> |
| World Economic Forum: A Global Framework for Youth Mental Health | <https://www.weforum.org/reports/a-global-framework-for-youth-mental-health-db3a7364df> |

Australian perspective

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| \*Australia's health 2020 – Australian Government – Australian Institute of Health and Welfare | <https://www.aihw.gov.au/reports-data/australias-health> |
| Mission Australia | <https://www.missionaustralia.com.au/> |
| Annual Youth Survey: Mission Australia | <https://www.missionaustralia.com.au/what-we-do/research-impact-policy-advocacy/youth-survey> |
| The Foundation of Young Australians | <https://www.fya.org.au/>  Local perspective |
| Beyond Blue | <https://www.beyondblue.org.au/> |
| Black Dog Institute | <https://www.blackdoginstitute.org.au/resources-support> |
| UN Women Australia | <https://unwomen.org.au/> |
| CSIRO Future of Health | https://www.csiro.au/en/Showcase/futureofhealth |

*\*Australia’s health 2020* is AIHW’s 17th biennial flagship report on health. It explores topical health issues and brings together multiple data sources to serve as a report card on the health of Australians. The report considers health to be much more than the presence or absence of disease—health reflects the complex interactions of a person’s genetics, lifestyle and environment, and is fundamental to an individual’s wellbeing.

[Australia’s health 2020: data insights](https://www.aihw.gov.au/reports/australias-health/australias-health-2020-data-insights) contains original articles on selected health issues and presents an overview of health data in Australia

[Australia’s health snapshots](https://www.aihw.gov.au/reports-data/australias-health/australias-health-snapshots) are 71 web pages that present easily digestible interactive information on a range of health topics including: health status, determinants of health, health systems, health of population groups and the health of Aboriginal and Torres Strait Islander people. They are available online.

[Australia’s health 2020: in brief](https://www.aihw.gov.au/reports/australias-health/australias-health-2020-in-brief) is a short summary of key findings from the online snapshots to provide a holistic picture of health in Australia. It is available as a print report and online.

Local perspective

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| South Australia  South Australia: SA Health | <https://www.sahealth.sa.gov.au/> |
| South Australian Population Health Survey.  This is an annual survey where around 7,000SOUth Australians are interviewed about their health and wellbeing. | <https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/health+statistics/sa+population+health+survey/sa+population+health+survey> |
| South Australia – SA Health – Healthy Living - Healthy Communities | https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/healthy+living/healthy+communities |
| South Australia : SA Health – Wellbeing SA | https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/about+us/wellbeing+sa/wellbeing+sa |
| South Australia: SA Health – Healthy living – Open your world | https://openyourworld.sa.gov.au/ |

Northern Territory

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| NT Government – NT Department of Education – Learning together – Wellbeing | https://nt.gov.au/learning/learning-together/wellbeing |
| NT Government - Health and wellbeing – Mental Health – Mental health support for young people  List of resources to support young people | https://nt.gov.au/wellbeing/mental-health/mental-health-support-for-young-people |
| NT Government – Health and wellbeing | <https://nt.gov.au/wellbeing> |

Other resources

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| Student agency | <http://www.edpartnerships.edu.au/file/387/I/What_is_Student_Agency.pdf#:~:text=Conceptualising%20Student%20Agency,desire%20and%20will%20to%20act.>  <https://www.oecd.org/education/2030-project/teaching-and-learning/learning/student-agency/in_brief_Student_Agency.pdf> |
| Transformative | <https://www.oecd.org/education/2030-project/teaching-and-learning/learning/transformative-competencies/in_brief_Transformative_Competencies.pdf> |
| Empathy | <https://www.oecd.org/education/2030-project/teaching-and-learning/learning/skills/in_brief_Skills.pdf> |
| Attitudes and values | <https://www.oecd.org/education/2030-project/teaching-and-learning/learning/attitudes-and-values/in_brief_Attitudes_and_Values.pdf>  <http://www.oecd.org/education/2030-project/teaching-and-learning/learning/attitudes-and-values/Attitudes_and_Values_for_2030_concept_note.pdf> |